

## Supporting evidence for PESS Audit 2015/16

### Ambition 1

#### Curriculum Delivery

We provide a rich, varied, engaging and enjoyable PE curriculum experience, which is regularly reviewed to meet the needs of all young people. This should develop the skills and confidence of all young people and motivate them to fulfil their potential

- A PE/Healthy School team has been established in the school for a number of years to review key areas and ensure that children reach their full potential.
- The school has introduced the 'FUNs Real PE' materials from EYFS to Year 6. In the summer Term 2014 all staff took part in the first training session on planning and delivery. In September 2015 Staff had the opportunity to share how they had implemented the scheme and looked at possibilities for assessment.
- Coaches are employed in some Year groups to deliver sessions.
- Additional sessions are taught in different year groups to ensure that children are experiencing competition sports.

Young people are given the opportunity to have a role to play in the development of PE through SSOC's/Student Voice/Council

- There is a school council that meet regularly to discuss the needs of the children. They will bring to the meetings areas that the children would like discussed such as possible clubs that they would like established.
- In the Summer Term new play equipment was ordered after the School Council met to meet with the requests from children in the school.
- An annual PE Questionnaire has been in place for three years where the children have the opportunity to suggest areas of strength and areas that need further development. These are then collated in graph form; displayed on the school website and analysed by the SLT and PE/Sport team.

Observations show teaching & learning in PE lessons are at least good with significant numbers that are outstanding in PE across the Key Stages

- Observations of the new 'FUNs Real PE' materials took place in the Summer Term 2014/15 in Key Stage 2. This will be continued next Year across both Key Stages to ensure that the scheme is being implemented correctly and that teaching and learning is outstanding/good.

We provide two hours of curriculum PE delivery per week delivered by a PE specialist/teacher (this does not include coaches)

- This is something that we are still aspiring to achieve.

We teach 'Physical Literacy' to KS 1

We use our surrounding locality to offer a diverse PE curriculum; for example the beach, moorland

- Opportunities for surf days in the Summer Term.
- Residential camp to Porthpean
- Trips to nearby locations e.g. Penrose

We offer swimming to

- Key stage 1/2 (Years 2, 3, 4)

Number of swimming hours delivered per year to each pupil

What % of students swim

% of Year 6 who reach national standard of being able to swim 25m and water safety

## **Ambition 2**

### **Physical Activity, Health and Wellbeing**

Young people access extra-curricular activities, e.g. breakfast club, lunch times, after school

- After school 'Enrichment' is offered to all of the children in the school. They can choose from a selection of clubs during the Spring/Summer Terms. This takes place on Wednesdays. Throughout the year Supasoccer, multi-skills, basketball, netball and Tag rugby has been offered to the children in Key Stage 2.
- The children in the Infants have access to lunchtime equipment such as skipping ropes and balls.
- New kit purchased for lunchtime by the student council.
- Football at lunchtimes
- Early Bird breakfast club established September 2015.
- Funfit being offered to targeted children in the infants and juniors.
- Wake and Shake established across the school. Children given the opportunity to create their own routines as well as completing the provided routines.

Young people are made aware of health related issues and the importance of the knowledge to improve their emotional wellbeing (self-esteem/confidence), mental stamina & resilience from participating in PE and school sport.

- This is being covered in every year group. As a healthy school we pride ourselves on ensuring that the children understand the importance of leading a healthy life and the effect this has on their emotional wellbeing. A 'Healthy Schools' team meet every half term to look at ways in which the school can promote a healthy lifestyle. In May all of the children in school will take part in a 'Learning About Me' week and in July the school will be running a healthy week. During this week the school will invite in groups, clubs and other individuals to promote sports and healthy living. Also in July the school will be holding a 'Drugs and Alcohol Awareness' week.
- Range of units in the Edison scheme of work being used.

We inform/involve parents/carers in the importance of physical activity and a healthy lifestyle

- There is regular communication to the parents/carers in the weekly newsletter and also on the schools website.

Young people are aware of health related issues and are supported to make informed choices to engage in an active and healthy lifestyle within and beyond the school day

- Children are signposted to clubs outside of school via the school noticeboard. Some sports providers place flyers in the reception at school. Key events such as the local cross country meet at Trannack are advertised beforehand.

Staff are able to access CPD for health & wellbeing

- Needs identified in performance management.
- Health and Wellbeing champions established in the school. Noticeboard updated regularly. Staff meetings dedicated to staff wellbeing.

We offer

- Bikeability

### **Ambition 3**

#### **Diversity and Inclusion Specialist Target Groups**

Differentiation/opportunities are offered in curriculum PE so that all young people can develop and enhance their learning appropriately. Including specialised target groups e.g. pupil premium, above average/low ability

- 'FUNs Real PE' materials include cards that have differentiated activities. Children can focus on specific skills and target them to improve. There are opportunities for the more able to extend themselves during each lesson and suggestions on how the less able can be supported.
- A PE tracker has been established to track the PE and sport that each child is doing in the school. This enables staff to monitor key/specialist groups.
- An additional session of PE has been added on a Friday where a TA delivers a range of different sports to targeted children. The tracker is used to identify these children as well as consultation with staff e.g. children reluctant to participate and G&T. Children also have the opportunity to request sports as some Year 6 children did wanting some badminton coaching.

SEND and disabled young people are catered for during and after school, including competition. Pathways are sign posted for these young people.

- Breakfast clubs established, wake and shake and enrichment clubs offered. A TRY-athlon offered to all children during the Spring Term where a range of new/different sports offered e.g. blindfold football.
- Tracker established to ensure that all children are targeted throughout the Year. Race for Life and infant/junior games held during 'Healthy Week' to promote inclusion.

- County/Regional/National Representation
- County soccer representation

What % of children are cause for concern regarding inclusion

#### **Ambition 4**

#### **Competition**

Number of level 1/2 events running in a year

##### **Level 1**

- House Competitions
- Infant/Junior Games
- Enrichment clubs offering game competition e.g. cricket/football

##### **Level 2**

- Football matches/tournaments/leagues (boys/girls)
- Tag rugby league and festival
- Basketball
- Hockey
- Cross country league
- Netball
- Cricket
- Swimming gala
- Gifted and Talented competition

There are no longer any barriers regarding attending competitions as we have a mini-bus and a TA that attends competitions in the area. We understand the route to the Schools Games

#### **Ambition 5**

#### **Leadership, coaching and volunteering**

Opportunities are provided for young people to develop their skills in leadership

- This happens in a number of different ways in the school. During PE lessons the children are encouraged to lead their teams during team competitions. The more able are encouraged to encourage the less able children and to model good practise. In Year 6 there are house captains who organise teams for a range of different sports fixtures. Some Year 5/6 children organise activities at lunch times to encourage positive play from the younger children.
- During Healthy week Year 5/6 children were given the opportunity to organise, run and coach a sporting activity to the infant children during 'Infant Games'.

We offer

- Playground buddies
- School Council
- Coaching and leadership opportunities during football festivals a
- Coaching and leadership opportunities during Healthy Week 'Infant Games'.

## **Ambition 6**

### **Community Collaboration**

Children signposted to clubs

Links to these clubs

- Swallows Gym
- Helston/Culdrose Football Club
- Helston Rugby Club
- Helston Swimming Club
- Helston Cricket Club

We work with Cornwall Sports Partnership

#### **Key Enabler – Partnerships**

Nationally – Youth Sport Trust

#### **Key Enabler – Workforce**

We employ coaches to deliver some/all curriculum PE

- Kernow sports run some sessions in Year 3/4 as well as some after school clubs. We also offer 'SupaSoccer' to children in Year 5/6

We know the quality of the coaches are of high standard

- Monitored by SLT. Kernow Sports *'Our scheme of work, our coaching methods and assessment is one of the most simple, swift and secure ways for schools to meet all of their sports and activity requirements, enabling you to free up valuable resources whilst we provide you with specialist coaching that meets and exceeds government targets'.*

A positive culture of professional development for all professionals involved in the delivery of PE is in place which is annually reviewed and fit for purpose – Yes

Staff are able to access a full programme of CPD to enhance teaching & learning

- Staff audit to be carried out again Autumn 2016 to establish any needs of staff including new staff.

Staff are able to access CPD for health & wellbeing

- Needs identified in performance management.
- Health and Wellbeing champions established in the school. Noticeboard updated regularly. Staff meetings dedicated to staff wellbeing.

## **Key Enabler – Performance Management**

We have a PE development/action plan which links to the whole school development plan

- There is a development/action plan in place for PE. A PE/Healthy Schools group meeting takes place every half term involving the Head Teacher, PE Coordinators and Healthy Schools Coordinators.
- An annual Audit carried out.
- An annual PE spend completed and displayed on the school website.

Regular and robust self-review systems are in place to drive improvement in PE

- There is a development/action plan in place for PE. This is a working document that is constantly being updated. A PE group meeting takes place every half term involving the Head Teacher, PE Coordinators and Healthy Schools Coordinators. During this time there is opportunity to discuss actions that have been completed and to set new targets.
- An annual Audit carried out.
- An annual PE spend completed and displayed on the school website.

## **Awards**

Sainsbury's School Games Mark - Bronze

Cornwall Healthy Schools - Healthy School

## **Key Enabler – Resources**

Sports Premium Funding Allocation

We have spent/planned to spend our full allocation of funding - Yes

We publish details of this on our website - Yes

100% of our funding has been spent on **additional** PE & School Sports development - Yes?

The funding has had an impact on our whole school - Yes

We employ coaches to support school sport (NOT PHYSICAL EDUCATION) - Yes

We use the funding to cover PPA - Yes